FREQUENTLY ASKED QUESTIONS MAJURA FC JUNIOR TRIALS



When are Majura Junior trials?

After registration and before the season begins (usually mid-February), Majura FC conducts trials for those junior players who wish to be graded into the stronger divisions (usually Division 1 or 2 teams). Trials for U18 and senior teams are only conducted if required as players are assessed, or teams are graded at preseason training. Trials for premier league teams are conducted following the winter season (usually in October-November). In 2024, trials will be held on the following dates and times:

DATE	AGE GROUP	TIME
Tuesday 13 February	U15 Open	6.00-7.30pm
	U16 Open	6.00-7.30pm
	U18 Open	6.00-7.30pm
Saturday 17 February	U10/11/12 Girls	9.00-10.15am
	U10 Open	9.00-10.15am
	U12 Open	10.30-11.45am
	U14 Girls	10.30-11.45am
Tuesday 20 February	U10/11/12 Girls	5.15-6.30pm
	U10 Open	5.15-6.30pm
	U12 Open	6.45-8.00pm
	U14 Girls	6.45-8.00pm
Saturday 24 February	U11 Open	9.00-10.15am
	U14 Open	9.00-10.15am
	U13 Open	10.30-11.45am
	U16 Girls	10.30-11.45am
Tuesday 27 February	U11 Open	5.15-6.30pm
	U14 Open	5.15-6.30pm
	U13 Open	6.45-8.00pm
	U16 Girls	6.45-8.00pm

What do I need for trials?

You need to be registered on Play Football to trial. You need to arrive at least 15 minutes before your trial is due to start. This will allow time for you to have your name ticked off with the Trial Coordinator and your trial number to be allocated. Please tell the coordinator if you have any injury, illness, or issue with attending both trials. Also, let them know if you have any issues which may affect your performance at trials. Everyone gets nervous but some players can become extremely anxious and agitated and require some extra support.

You need to wear comfortable clothes. You must have shin pads as you can't trial without them. You should bring plenty of water as it is a hot time of year. You should come with a positive attitude and be ready to focus on doing your best.

Do I need to attend both trial days?

Yes, it is highly recommended that you attend both trials scheduled. The first trial will normally be an assessment of your ball skills and the second trial will be an assessment of your game skills. At the end of the second trial, you will be informed if any extra trials are required. Please let the coordinator know if you cannot attend both trials.

Can I trial up an age?

Yes, however Majura FC recommends that all players trial and play in their own age group. In line with Capital Football's Junior League Competition Rules, players may trial in an age group up to two (2) chronological years above his/her actual age group. Girls playing in open or mixed gender teams may trial for a team in an age group that is one chronological year below their actual age group.

If a player decides to trial in a higher age group, they should let the Trial Coordinator know when they attend trials. If a player trials in a higher age group, they should not assume they will be graded in the higher age group and should also attend the grading for their own age group. Majura has a grading policy which will apply for all trials and grading <u>dc mfc2021</u> <u>GradingPolicy.pdf (majurafc.org.au)</u>

What will happen at the trials?

Players will be assessed on individual skill sessions and game play. These sessions will be run by Majura Coaches and players will be assessed by at least two club appointed selectors. To assist players and parents here is a list of criteria selectors will be looking at:

- ✓ Striking the ball. Includes all forms of striking such as short/long passing, shooting and crossing.
- ✓ First touch. Controlling the ball with all allowed body parts.
- \checkmark 1 v 1. All moves, feints, and accelerations to get past and away from an opponent.
- Running with the ball, at speed with space or dribbling in tight areas. This includes techniques for protecting the ball and changing direction.
- ✓ Game understanding and awareness of what's around them; space and support.
- ✓ Attitude and willingness to train and learn.

Majura selectors will assess these skills individually and in different game formats.

Is there anything I can do to prepare for the trials?

Dribbling: Simply get some cones or markers out and work left and right feet, inside and out, around the markers. Take it slow and you'll improve quickly.

Passing: Passing the ball against a wall with the inside of your foot, right foot and left foot. Choose a nice close distance; say 5m, less if you are still improving and simply pass the ball continuously against a wall. Keep a record for each foot and see if you can beat it.

Juggling: Use a ball and kick and bounce, kick and bounce off the foot or any allowed part of the body (head, knee, chest). For advanced jugglers, simply practice doing as many as you can. Juggling is great for skill development, ball tracking, co-ordination and balance.

Play: Get together with friends and play some games, 3v3 or 5v5. No coaching, just play.

When will I know what team I'm in?

You will be notified by email by 15 March if you have made a division 1 or 2 team. For privacy reasons, teams will not be placed on the Majura website. The email you receive will list your team and if known, it will also list your coach and manager. Any queries you have about your team should be directed to <u>info@majurafc.org.au</u> in the first instance.

When will I start training?

Your coach will decide when to start training, but it is likely to start in April. Dickson Playing Fields are booked by Majura for all weeknights in the season. Tuesdays and Thursdays are normally reserved for our U/12 - 18 age groups. Monday, Wednesday, and Friday are for our U/7 - U/11 age groups. If you make a division 1 team, then Majura FC expects players to attend training two nights per week and be available for all games in season (barring injury or illness).

When do games start?

The Junior League and MiniRoos competitions start on 5 May 2024.

More Questions?

Please email info@majurafc.org.au