



FREQUENTLY ASKED QUESTIONS ABOUT MAJURA FC TRIALS

When are Majura trials?

After registration and before the season begins (mid-February through to early March), Majura FC conducts trials for those players who wish to be graded into the stronger divisions, either the red or white teams for U/10 and U/11 and the Division 1 or 2 teams for U/12 to U/14. Trials for U/15, U/16 and U/18 teams are only conducted if required as players are assessed or teams are graded at preseason training.

In 2017, trials will be held on the following dates and times at Dickson Playing Fields:

Thursday 16 and 23 February	U11 Open	5.00-6.15pm
	U13-14 Girls	5.00-6.15pm
	U13 Open and U14 Open	6.30-7.45pm
Friday 17 and 24 February	U10 Girls and U10 Open	5.00-6.15pm
	U11 and 12 Girls	6.30-7.45pm
	U12 Open	6.30-7.45pm
Thursday 2 March (if required)	U15 Open and U16 Open	5.30-7.00pm
	U15-16 Girls	5.30-7.00pm

What do I need for trials?

You need to be registered and paid with Majura FC to trial. You need to arrive at least 15 minutes before your trial is due to start. This will allow time for you to have your name ticked off with your Age Group Coordinator (AGC) and your trial number to be allocated. Please tell your AGC if you have any injury, illness or issue with attending both trials. Also, let your AGC know if you have any issues which may affect your performance at trials. Everyone gets nervous but some players can become extremely anxious and agitated and require some extra support.

You need to wear comfortable clothes. You must have shin pads as you can't trial without them. You should bring plenty of water as it is a hot time of year. You should come with a positive attitude and be ready to focus on doing your best.

Do I need to attend both trial days?

Yes, it is highly recommended that you attend both trials scheduled. The first trial will normally be an assessment of your ball skills and the second trial will be an assessment of your game skills. At the end of the second trial you will be informed if any extra trials are required. Please let your AGC know if you cannot attend both trials. If you are sick and cannot attend a trial, then let the AGC know. If you are unable to attend both trials due to illness, then a doctor's certificate may be required.

Can I trial up an age?

Yes. Majura FC recommends that all players trial and play in their own age group. However, in line with Capital Football's Junior League Rules players may trial in an age group up to two (2) chronological years above his/her actual age group. Girls playing in open or mixed gender teams may trial for a team in an age group that is one chronological year below their actual age group.

If a player decides to trial in a higher age group, they should let the Age Group Coordinator know when they attend trials that they are trialling up. If a player trials in a higher age group, they should not assume they will be graded in the higher age group and should also attend the grading for their own age group. Majura has a grading policy which will apply for all 2017 trials and grading. You can read the policy on the Majura website under documents www.majurafc.org.au

What will happen at the trials?

Players will be assessed on individual skill sessions and game play. These sessions will be run by Coerver coaches and players will be assessed by at least 2 Majura appointed selectors. To assist players and parents here is a list of criteria selectors will be looking for not ranked in any order:

- ✓ Striking the ball. This includes all forms of striking the ball such as short/long passing; shooting and crossing.
- ✓ First touch. Controlling the ball with all allowed body parts.
- ✓ 1 v 1. All moves, feints and accelerations to get past and away from an opponent.
- ✓ Running with the ball, at speed with space or dribbling in tight areas. This includes techniques for protecting the ball and changing direction.
- ✓ Game understanding and awareness of what's around them; space and support.
- ✓ Attitude; willingness to train and learn.

Majura selectors will test these skills individually and in small groups using 3 v 3, 4 v 4, 5 v 5 game formats. One of the key benefits of playing in a small area is that it reflects, very accurately, the types of situations players would encounter on a match day but in a much more concentrated fashion. The selector's assessment sheet is used as a guide to player selection. A copy of the assessment sheet is available on the Majura website.

Is there anything I can do to prepare for the trials?

Dribbling: Simply get some cones or markers out and work left and right feet, inside and out, around the markers. Take it slow and you'll improve quickly.

Passing: Passing the ball against a wall with the inside of your foot, right foot and left foot. Choose a nice close distance; say 5m, less if you are still improving and simply pass the ball continuously against a wall. Keep a record for each foot and see if you can beat it.

Juggling: Use a ball and kick and bounce, kick and bounce off the foot or any allowed part of the body (head, knee, chest). For advanced jugglers, simply practice doing as many as you can. Juggling is great for skill development, ball tracking, co-ordination and balance.

Play: Get together with friends and play some games, 3v3 or 5v5. No coaching, just play.

When will I know what team I'm in?

You will be notified by email by March 17 if you have made the division 1 or 2 team. For privacy reasons, teams will not be placed on the Majura website. The email you receive will list your team and if known, it will also list your coach and manager. Any queries you have about your team should be directed to your Age Group Coordinator in the first instance.

When will I start training?

Your coach will decide when to start training but it is likely to start late March or early April. Dickson Playing Fields are booked by Majura for all weeknights in the season from 5.00 -7.00pm (they can be booked earlier if required). Tuesdays and Thursdays are normally reserved for our U/12 – 18 age groups. Monday, Wednesday and Friday are for our U/7 – U/11 age groups. If you make a Division 1 team, then Majura FC expects players to attend training two nights per week and be available for all games in season (barring injury or illness).

When do games start?

The Junior League season starts on Saturday 6 May 2017. There are a number of preseason tournaments that Majura supports teams participating in including the Lightning and Thunder Tournaments at Woden Valley (Mawson) on the 8-9 April 2017.

I have more questions?

Please email any further questions to info@majurafc.org.au

